

<< Program Name >>

Professional Practice Gap & Educational Need

<< Lecture Title >>

<< Lecturer's Name >>

Section I: *What problem does the activity plan to address? Why does the problem exist and what will be presented to address what the learner needs to do? Include citations to support your identified need.*

Section II: *Learning Objectives of the activity. (Must include at least three (3) learning objectives; one (1) learning objective must be reflective of achievement of AOA core competencies.)*

At the conclusion of this program, the clinician will be able to:

- 1.
- 2.
- 3.

Section III: *Select at least one option for how this activity/program is osteopathically distinct. Indicate which of your above objective(s) relates to an osteopathic core competency and provide a short explanation of that relationship.*

Core Competencies

- Osteopathic Principles and Practice.
- Medical Knowledge and Its Application into Osteopathic Medical Practice
- Osteopathic Patient Care
- Interpersonal and Communication Skills in Osteopathic Medical Practice
- Professionalism in Osteopathic Medical Practice
- Osteopathic Medical Practice-Based Learning and Improvement
- System-Based Osteopathic Medical Practice

EXAMPLE

Section I: *What problem is the activity planned to address? Why does the problem exist and what will be presented to address what the learner needs to do? Include citations to support your identified need.*

The CDC cites smoking as a risk factor for COVID-19 due to its compromising effect on the immune system.¹ Additionally, smoking is known to cause immediate damage to lung tissue² and is associated with increased risk for acute respiratory distress syndrome.³ Under the rapidly evolving landscape, it is critical that physicians treating patients have the latest evidence on the risks for COVID-19 associated with smoking and are prepared to have conversations regarding smoking cessation.

Due to the rapidly evolving state of research regarding COVID-19, not all physicians may be fully abreast of the latest evidence regarding the risks for COVID-19 associated with smoking both combustible cigarettes and e-cigarettes. Furthermore, some physicians express concern about whether the current moment is the most appropriate time to have cessation conversations or are unsure how to best have conversations in the current care environment.

¹ Centers for Disease Control. "Coronavirus Disease 2019 (COVID-19); Groups at Higher Risk for Severe Illness". 2020. <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/groups-at-higher-risk.html>

² Benjamin, Regina. "Exposure to Tobacco Smoke Causes Immediate Damage: A Report of the Surgeon General". Report of the U.S. Surgeon General. Mar-Apr 2011. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3056024/>

³ Hsieh et al. "Prevalence and impact of active and passive cigarette smoking in acute respiratory distress syndrome." *Critical Care Medicine* 2014 Sep;42(9):2058-68.

Section II: *Learning Objectives of the activity. (Must include at least three (3) learning objectives; one (1) learning objective must be reflective of achievement of AOA core competencies.)*

After this presentation, clinicians will be able to:

- 1) Describe how smoking heightens risk for developing severe cases of COVID-19, and how cessation can reduce risk.
- 2) Initiate cessation conversations with patients in a manner that communicates risks in an understandable way, is empathetic and supportive, and is appropriate for how care is currently being delivered, such as via telemedicine. (**Interpersonal and Communication Skills in Osteopathic Medical Practice**)
- 3) Communicate available resources to support current and former smokers in their efforts to quit
- 4) Identify OMM techniques suitable for patients with respiratory symptoms based upon osteopathic principles and past publications

Section III: Select at least one option for how this activity/program is osteopathically distinct. Indicate which of your above objective(s) relates to an osteopathic core competency and provide a short explanation of that relationship

Core Competencies

Includes at least one (1) learning objectives reflective of achievement of AOA Core Competencies

- Osteopathic Principles and Practice.**
- Medical Knowledge and Its Application into Osteopathic Medical Practice**
- Osteopathic Patient Care**
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The content in this activity includes examples of communicating in an empathetic manner when discussing causes of the illness and treating the entire person. According to the Journal of Osteopathic Medicine's article, Effective Patient-Physician Communication Based on Osteopathic Philosophy in Caring for Elderly Patients, "A study of practice differences between MDs and osteopathic physicians found that DOs were more likely to use their patients' first name, to clearly explain etiologic factors to patients, and to discuss with patients the social, familial, and emotional impact of illness."